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**Instructions After Insertion of a
Temporary Crown**

- ❖ Refrain from flossing around the temporary crown.
- ❖ Refrain from irrigating around the temporary crown.
- ❖ Lightly brush around the temporary crown.
- ❖ Refrain from chewing hard and sticky foods such as gum, toffee, dried fruit, hard candy, bagels or ice.
- ❖ If the temporary crown loosens or comes out, save it and contact us as soon as possible. If you are away and cannot get into the office, try placing a denture adhesive or Vaseline inside the temporary and place it back over the tooth. This may help retain the temporary until you can get into the office.